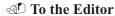
## **Premise:** Communication



Congratulations on your 25th year.

With the world in a rush, sitting on my lounger and writing to a *theme* has always been a joy. Thanks for staying in print and having good things to read and to see – to focus like a meditation.

[In the spring 2013 issue, *White Wine Chilling*] I loved the drawings and Dennis Trujillo's "How to Survive a Hellish Day."

— Kaye Bache-Snyder Longmont, CO

**Author's Note:** Suzanne Stuhaug wrote a poem about her cover artwork for "A Week and a Day":

a painter's interpretation

Like breathing in and breathing out, a certain rhythm is manifest within the universe. Sunrise and sunset, night and

day, the tides rolling in and the tides rolling out, the seasons: Spring = renewal; Summer = enlightenment and joy;

Fall = the shedding of the old; Winter = the cleansing. A week and a day at a time, day after day until it finally tires,

if it tires at all.

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